



ADITYA'S  
HEART

# YOGA FOR CONQUERING CHD

## OUR VERY FIRST FUNDRAISER!



**JANUARY 20TH, 2018 | 9:00-10:30 AM | TICKETS \$15.00**

RICK'S SADDLE SHOP


282 COUNTY RD 539, CREAM RIDGE, NJ 08514 

Aditya's Heart is an organization started in memory of our son, Aditya, who was born with a congenital heart defect. We want to honor his life by making a difference. We are devoted to promoting education and awareness of Congenital Heart Disease (CHD), providing financial assistance to families affected by it and promoting research to better diagnose and treat CHD. Please join **Aditya's Heart** on **January 20<sup>th</sup>, 2018** as we honor Aditya's memory on his second birthday with some morning yoga!

100% of the proceeds from this event will go towards helping families with a child afflicted by CHD. Bring your own mat and dress comfortably. No prior yoga experience required. There will be a meet 'n greet and refreshments after the class.

Enjoy all level yoga with our dear friend and certified yoga teacher **Faith Miller** from **Yoga with Faith**  You can even get a photograph in your favorite yoga pose! Photography by our dear friend **Charissa Yong** from **Charissa H Yong Photography** 

You can pay at the door (cash/check) or purchase your tickets in advance online at **[YogaWithFaith.com](http://YogaWithFaith.com)**. If you have a yoga class card with Faith, then you don't need to buy a ticket.

Thank you for your support! Learn more about our organization at **[AdityasHeart.org](http://AdityasHeart.org)** 

Love, Jignasa and Ankit Patel at Aditya's Heart